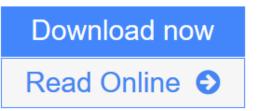


Simple Sexy Food: 101 Tasty Aphrodisiac Recipes and Sensual Tips to Stir Your Libido and Feed Your Love

Linda De Villers PhD



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An aphrodisiac cookbook like no other, this volume is direct, detailed, and informative, and packed with exclusive recipes, food and sex tips, descriptions and histories of ingredients, and even survey data about what food people find sexy. It is also the only aphrodisiac cookbook written by a certified sex therapist who also happens to be a foodie. Included are 101 delectable food and drink recipes organized for day-or-night enjoyment; detailed aphrodisiac history, usage, myths, and humor; tips and secrets to spice up both the kitchen and the bedroom; exclusive aphrodisiac survey data covering current attitudes and preferences; and support and encouragement for healthy relationships, body image, and eating habits.



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