



**Stop Walking on Eggshells: Taking Your Life  
Back When Someone You Care About Has  
Borderline Personality Disorder 2nd (second)  
Edition by Mason MS, Paul, Kreger, Randi  
published by New Harbinger Publications (2010)  
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This second edition has been fully updated to include different methods clinicians use to treat borderline personality disorder, and explains how readers can help their loved one find the best treatment method and therapist.

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