



Before, Afdre, and After (My stroke . . . oh what fun)

Maureen Twomey

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When Maureen Twomey was only thirty-three years old, she experienced a massive stroke-one that took away her ability to read, write, walk, and even speak (AAAAAAHHH!!). Well, she wasn't about to go down without a fight. In *Before, Afdre and After*, Twomey offers a sometimes heartbreaking, sometimes comical, and ultimately inspiring glimpse at what it is to lose everything when you're supposed to be in the prime of your life-and what it takes to get it back, piece by tiny piece.

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