



Stress, Coping, and Resiliency in Children and Families (Advances in Family Research Series)

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Concern with stress and coping has a long history in biomedical, psychological and sociological research. The inadequacy of simplistic models linking stressful life events and adverse physical and psychological outcomes was pointed out in the early 1980s in a series of seminal papers and books. The issues and theoretical models discussed in this work shaped much of the subsequent research on this topic and are reflected in the papers in this volume. The shift has been away from identifying associations between risks and outcomes to a focus on factors and processes that contribute to diversity in response to risks.

Based on the Family Research Consortium's fifth summer institute, this volume focuses on stress and adaptability in families and family members. The papers explore not only how a variety of stresses influence family functioning but also how family process moderates and mediates the contribution of individual and environmental risk and protective factors to personal adjustment. They reveal the complexity of current theoretical models, research strategies and analytic approaches to the study of risk, resiliency and vulnerability along with the central role risk, family process and adaptability play in both normal development and childhood psychopathology.

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