



Lost Fathers: How Women Can Heal from Adolescent Father Loss

Laraine Herring

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Lost Fathers is a healing, authoritative guide for adult women who, during adolescence, lost their fathers to death, divorce, or addiction. With gentle expertise, Laraine Herring addresses how adult behaviors and relationships can be shaped when one loses her father at such a pivotal developmental stage--particularly relevant are issues related to commitment, trust, intimacy, self-confidence, and independence. Features guided writing exercises.

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