



# Seven Things That Steal Your Joy: Overcoming the Obstacles to Your Happiness

*Joyce Meyer*

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**Seven Things That Steal Your Joy: Overcoming the Obstacles to Your Happiness** Joyce Meyer  
#1 *New York Times* bestselling author Joyce Meyer reveals the seven most common obstacles to living a happy life and the ways to triumph over them.

The psalmist David said "This is the day the Lord has made; we will rejoice and be glad in it." In the Bible we are told to lift up our hearts and sing. But do you find yourself worrying your days away? Are you angry more often than you laugh? Do you want to be happier but feel overwhelmed? The power of joy can change that.

Joyce Meyer affirms that God's plan for you is to enjoy life to the fullest every day. Through inspiring Scripture and wisdom mined from her ministry and personal experiences, she shows you how to find joy and keep it. In her honest and straightforward style, she points out the seven things that can steal your happiness and teaches you how to replace them with God's truths and love.

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