

Blood Pressure, EKG | ECG & Blood Sugar Box Set: How To Lower Your Blood Pressure And Blood Sugar Naturally - Includes The Complete Guide To ECG & EKG Interpretation And Rhythm Recognition

Christina Hanson, Michelle Palmer, Audrey Spencer



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Blood Pressure, EKG | ECG & Blood Sugar Box Set (3 IN 1 BOX SET)

BOOK 1: Blood Pressure: Blood Pressure Solution - How To Lower Your Blood Pressure And Cholesterol Naturally Without Any Medication, Using Natural Remedies And Diet

When your blood pressure and cholesterol are at healthy levels, you feel great. However, one in three of us throughout the world will succumb to high blood pressure and cholesterol. Out of the people who do, not everyone will realize that these levels were high, until they are stricken down with a heart attack or stroke.

The sad fact is that high blood pressure and cholesterol are the number one killers. The Centers for Disease Control and Prevention report that an adult dies every 39 seconds from a heart attack or stroke. Half of those people had untreated high blood pressure, high cholesterol, or both.

BOOK 2: EKG | ECG: The Complete Guide To ECG & EKG Interpretation And Rhythm Recognition - Learn About ECG Interpretation And Arrhythmias Fast!

Whether you are a healthcare provider, or person who finds it important to be able to interpret electrocardiogram (EKG or ECG) test results for their own medical decision making, you are going to be thrilled with how quick and easy this guide makes it to learn everything you need to know about interpreting these test strip results.

The "EKG | ECG: The Complete Guide To ECG & EKG Interpretation And Rhythm Recognition – Learn About ECG Interpretation And Arrhythmias Fast!" to be the easiest and quickest way to learn everything you need to know about interpreting possibly life-saving test results.

As you learn to interpret the test results of this remarkably simple and widely used diagnostic tool, you will realize just how crucial it has become for anyone who has concerns about heart health.

BOOK 3: Lower Your Blood Sugar: The Complete Guide To Controlling Your Your Blood Sugar Naturally - Ideal For People With Insulin Resistance, Prediabetes And Diabetes

This book contains proven steps and strategies on how to control the blood sugar level in the patients who are diabetic and even in those people are who are resistant to insulin or are pre-diabetic.

It is a known fact that diabetes is that disease which is a silent killer and it does not shows up at early stages. In case, you are unaware exactly about this disease or if you do not know that what are the possible symptoms of it then this book will definitely guide you on this.

This book is a complete guide to all those who are looking for the ways by which the sugar level in blood can be lowered down so that they can avoid the damage which can be possible due to the development of diabetes.

Through exercise or by having good selective diet, one can become able to make the level of sugar in blood lower than before.

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Hazel Freese:

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Ronda Tollison:

Reading a book being new life style in this yr; every people loves to read a book. When you read a book you can get a lots of benefit. When you read books, you can improve your knowledge, due to the fact book has a lot of information on it. The information that you will get depend on what kinds of book that you have read. In order to get information about your study, you can read education books, but if you want to entertain yourself look for a fiction books, these kinds of us novel, comics, in addition to soon. The Blood Pressure, EKG | ECG & Blood Sugar Box Set: How To Lower Your Blood Pressure And Blood Sugar Naturally - Includes The Complete Guide To ECG & EKG Interpretation And Rhythm Recognition will give you new experience in studying a book.

Christopher Dixon:

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