



Married Life and its Vicissitudes: A Therapeutic Approach

Arturo Varchevker

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This book is about marital relations and its vicissitudes, and the possible way of dealing with them through marital therapy. It reflects the importance of turning marital miscommunications into constructive communications between partners in order to improve their relationship. The psychoanalytic perspective plays a significant role in exploring the marital relationship through the partners' emotional interaction with each other and the effect that their personal emotional development has on their constructive and destructive attitudes. On some occasions, other therapeutic models can be added to reinforce the therapeutic exploration and the possible therapeutic goal. The contributions of Freud and post-Freudians, and later Melanie Klein and her followers, enabled a deeper and wider view to better understand the emotional vicissitudes in marital interaction. A marital relation is an important unit that is placed between the individual and the family and is affected by social and cultural contexts. Beginning a marital relationship implies a significant move or change in the individual's development. His/her sense of identity, psychic development, creativity, different type of roles and pathology evolves through the various stages of the marital interaction. The author explores how this move, through the life cycle, can be seen as a form of migration.

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