



## **Wild And Precious: A Guide To Loving Yourself, Following Your Bliss And Changing The World.: The Best Of Wild Sister Magazine**

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# Wild And Precious: A Guide To Loving Yourself, Following Your Bliss And Changing The World.: The Best Of Wild Sister Magazine

## Wild And Precious: A Guide To Loving Yourself, Following Your Bliss And Changing The World.: The Best Of Wild Sister Magazine

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With musings on self-love, happiness, health, making dreams come true and much more, WILD AND PRECIOUS is a guide to living your wildest life.

Carefully selected from the first 40 issues of Wild Sister Magazine, this collection of 100+ articles, stories, how-to's and recipes will spark inspiration and bring forth new perspectives on life, love, success and relationships.

Filled with expert advice, inspiring stories and empowering nuggets of wisdom, this book is divided into eight simple sections so you can easily find the guidance you're looking for:

Self-Love  
Happiness  
Health and Wellness  
Sisterhood  
Empowerment  
Gratitude  
Spirituality  
Abundance

This long-awaited book features beautifully written articles from bestselling authors, spiritual mentors, entrepreneurs, artists, holistic health coaches, world travellers, inspirational speakers, non-profit founders, yoginis and many more.

Gathered from past monthly topics like Be Your Own Hero, Love Thyself, Happiness, Body Love, Law Of Attraction, Miracles, Forgiveness, Spirit, Cleansing, Follow Your Bliss, Mindfulness and many more, Wild Sister Magazine provides all the guidance you need in one beautiful book.

For long-time Wild Sister readers, consider this a refresher course in all that you've learned over the last three years of issues.

For new readers, welcome to a wild world of powerful inspiration, soulful stories and transformational wisdom that can be referred to time and time again, when you need it most.

Contributors include: Hannah Brencher, Denise Duffield-Thomas, Tara Bliss, Belinda Davidson, Dani DiPirro, Brenda Rodriguez, Cinda Stevens Lonsway, Melinda Sabo and many more.

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