

## Bruce Trail - An Adventure along the Niagara Escarpment (Trail Guidebooks)

Rich Freeman, Sue Freeman



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Come along as experienced backpackers take you on a five week journey over the rocky spine of the Niagara Escarpment in Ontario, Canada. Explore the now abandoned Welland canal routes, caves formed by crashing waves, ancient cedar forests, and white cobblestone beaches along azure Georgian Bay. Centuries ago the forces of nature created the Niagara Escarpment, a ledge of limestone spanning from New York State, through Canada, to Michigan. Most people, if they've heard of it at all, know it only because the escarpment creates Niagara Falls as the Niagara River spills over its edge.

The *Bruce Trail* follows the Niagara Escarpment from its Canadian / U.S. border at Niagara until it dips under Lake Huron at the tip of the Bruce Peninsula. A walk along this unique corridor takes you through three distinctly different regions. The southern segment is a narrow green corridor through a populated area in southern Ontario. It's a wonderland of waterfalls with fields of touch-me-nots and panoramic views of ships plying their way along Lake Ontario. The central section becomes remote and hilly. The escarpment often disappears into the hillsides, only to pop dramatically out again when you least expect it. Through the northern section, the walk is along azure blue waters of Georgian Bay, often high on the escarpment ledges.

Join the adventure, even from a comfy chair, as experienced backpackers Rich and Sue Freeman take you along on their five hundred-mile trek along the *Bruce Trail*. Their daily journal will make you feel the blisters and savor the views. Help them identify an evening camp visitor and cool off with them as they dive into the icy waters of Georgian Bay. Learn trail tested wisdom from a couple who have worn over 2,700 miles of trail dirt into their hiking boots in under two years.

Whether the reader is planning a long distance hike of their own or merely dreams of big adventures, they'll enjoy this ramble along ! a truly unique part of North America. Along the way they'll learn about the history, the flora and fauna, and the people who populate the Niagara Escarpment.

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