



STROKE: The Road to Recovery: A Guide for Survivors & Families

Dr. F. Douglas Prillaman Ed.D.

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If you, or someone you love, has had a stroke, you've probably already discovered that it's extremely hard to get a simple, straightforward explanation of what happened and what you can do about it. Much of what you'll hear from your doctors is cloaked in nearly incomprehensible medical jargon. This book, written by a stroke victim and his neurologist, explains the causes, diagnosis and treatment of stroke in plain language. You'll learn about:

- Common Causes & Effects of Stroke
- Getting Immediate Help
- Rehabilitation Hospitals & Outpatient Care
- Home Health Care Agencies
- The Role of Physical, Occupational, Speech & Psychological Therapists
- Choosing the Proper Assistive Devices
- The Role of the Caregiver

Also included is a helpful guide to stroke terminology, plus an extensive list of online resources.

As Professor Emeritus of Special Education at the College of William & Mary in Virginia, Dr. F. Douglas Prillaman had a thorough understanding of physical, mental and socio-emotional handicaps. However, no amount of formal training could have prepared him for the life-changing experience of suffering a major stroke which left him partially paralyzed, brain damaged and permanently disabled.

This book, written with his son, Tom Willett, and noted neurologist, Dr. S. James Shafer, offers a first-person account of surviving and recovering from a stroke, accompanied by expert medical commentary from a leader in the field. Of special interest are the insights and tips for caregivers offered by Dr. Prillaman's wife, Eleanor.

About the Authors

Dr. F. Douglas Prillaman, Ed. D., was Professor Emeritus of Special Education at The College of William & Mary in Virginia. He held the Ed.D. from George Washington University, the M.Ed. from William & Mary, and is the principal author of this volume as well as *Diagnostic Prescriptive Teaching*.

Tom Willett, Dr. Prillaman's son, is a former Vice President of Marketing at Sony Entertainment, and the author *Van Gogh to Go: Excerpts from the Letters of Vincent van Gogh on Art, Work and Spirituality*, plus more than fifty articles appearing in arts and entertainment magazines.

Dr. S. James Shafer, M.D., Dr. Prillaman's neurologist, is the principal Founder of Vero Neurology. He is Medical Director of the Indian River Medical Center Stroke Center as well as Medical Director of the MS Center of Vero Beach. Dr. Shafer completed his undergraduate work at the University of Florida. He went on to complete medical school and internship at the University of Miami in Florida.

Eleanor W. Prillaman, M. Ed., Dr. Prillaman's wife, holds the B.A. in Sociology from Woman's College of The University of North Carolina and the Masters in Early Childhood Education from Virginia Commonwealth University. She taught at the elementary and junior high school levels, and worked in school social work.

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Patrice Gasaway:

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Lucy Broussard:

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Mathew Jones:

Spent a free time and energy to be fun activity to try and do! A lot of people spent their leisure time with their family, or their very own friends. Usually they carrying out activity like watching television, gonna beach, or picnic in the park. They actually doing ditto every week. Do you feel it? Would you like to something different to fill your own personal free time/ holiday? Can be reading a book could be option to fill your no cost time/ holiday. The first thing that you'll ask may be what kinds of reserve that you should read. If you want to try look for book, may be the guide untitled STROKE: The Road to Recovery: A Guide for Survivors & Families can be excellent book to read. May be it could be best activity to you.

Diana Johnson:

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