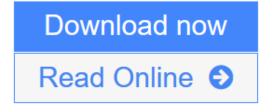


Cooking For One Cookbook: Loaded With Delicious, Healthy, Quick And Easy Recipes That Won't Break The Bank (Cooking For Two, Freezer Meals, One Pot Recipes)

Pauline Ferndale



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Loaded With Delicious, Healthy, Quick 'N' Easy Recipes For YOU

Time poor? Looking for recipes that're easy and efficient to make while also maintaining a budget? Well, you've come to the right place!

Here's A Preview Of What The Cooking For One Cookbook Contains...

- An introduction to cooking for one
- Why you should cook for yourself explained
- Delicious, easy to make coffee cup recipes for one
- Mouth watering breakfast burrito recipes for one
- One pot lunch recipes that won't break the bank!
- Scrumptious one pot dinner recipes that'll treat your tastebuds
- And much, much more!

You'll Be Cooking Amazing One Pot Meals Including...

- Mediterranean Omelet
- Coffee Cup Quiches
- Easy Brocolli Casserole
- Bistro Bacon Salad
- And HEAPS more

So what're you waiting for? These amazing meals that're actually enjoyable to eat while simuuntenously saving yourself time and money during the preparation process are only moments away.

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Roger Cooper:

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Stanley Torres:

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Amy Arwood:

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Kevin Lewis:

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