



# Handcrafting Artisan Shampoo Bars From Your Kitchen

*Alan Bullington*

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**Handcrafting Artisan Shampoo Bars From Your Kitchen** Alan Bullington

Handcrafting Artisan Solid Shampoo Bars From Your Kitchen

Are you about ready to dump those commercial shampoos that you've been using? Have you tried just about every shampoo and conditioner combination there is, without liking any of it? Are you wondering what those ingredients in your shampoo really are? There are other ways to better hair and scalp health!

The no-shampoo method of hair care is all the rage right now and for good reason. Getting rid of commercial shampoo sounds like a great idea once you realize what's in those bottles.

This book, written by author Alan Bullington, presents a plan to you for switching to a no-shampoo alternative: solid shampoo bars. Once seen as a convenient way to carry shampoo while traveling, these solid shampoo bars are actually an important way to go "no-poo" and still keep your hair and scalp looking and feeling clean and healthy.

Producing these shampoo bars is a lot like making cold process soap with some important differences. Bullington and his family have produced and sold many thousand bars of premium soap and luxury shampoo bars, so this information results from much experience. It's easy, with the instructions in this book, to learn how to use the very best ingredients available to craft your very own line of premium solid shampoo and get rid of the weird chemicals. The time is right to move to a more natural approach to hair care!

With the instructions and already-formulated recipes you get in this book, you can learn to make these types of mild and nourishing shampoos:

Lemongrass Bergamot Shampoo Bars

Two Bee Shampoo Bars

Lavender Ylang Avocado Bar

Tall Sunflower Shampoo Bars

Tangerine-Spearmint Luxury Solid Shampoo

Herbal Shampoo Bar

What's more, you can customize these proven blends to make shampoo that is tailored to your own personal preferences. Adding your own unique scents and oils is easy and it's fun!

The tools required to learn this craft are mostly simple kitchen tools that you probably already have right now, with the possible exception of an inexpensive scale. Also, the premium recipes are made up of easily obtained oils combined with other easy-to-order materials. Everything required is simple to get.

What are you waiting for? Gain freedom from mainstream shampoo and begin crafting your own solid shampoo bars!

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