



No Plus One: What to Do When Life Isn't a Romantic Comedy

Steph Young, Jill Dickman

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Sometimes there isn't a handsome stranger at your best friend's wedding with whom you end up in a lasting and adorable relationship. For when life isn't really turning out to be a romantic comedy, here's the #1 guide for how to be single. No Plus One: What to Do When Life Isn't a Romantic Comedy is the ultimate guide to living an awesome life, even if you're, *gulp, still single. Somewhere along the way women learned to measure their self-worth and happiness with whether or not they have found a man. No Plus One; teaches the exact opposite - how to be single and happy. A source of impeccable insight and entertaining stories, this book shows how to take pride in being single while learning how to be bold, brilliant and have fun in the process. No Plus One is a surprisingly powerful book disguised as a light and easy read. You'll feel incredible after learning the power of taking risks, stepping outside your comfort zone and keeping your standards high after what seems like endless dating disappointment. No Plus One demonstrates that mostly everything we desire - adventure, romance, security, confidence - is right in front of us all along. It unlocks your potential to be fully independent and ready to take advantage for whatever life offers.

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