



Rusch to Glory: Adventure, Risk & Triumph on the Path Less Traveled

Rebecca Rusch

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Rebecca Rusch is one of the great endurance athletes of our time. Known today as the Queen of Pain for her perseverance as a relentlessly fast runner, paddler, and mountain bike racer, Rusch was a normal kid from Chicago who abandoned a predictable life for one of adventure. In her new book *Rusch to Glory: Adventure, Risk & Triumph on the Path Less Traveled*, Rusch weaves her fascinating life's story among the exotic locales and extreme conditions that forged an extraordinary athlete from ordinary roots.

Rusch has run the gauntlet of endurance sports over her career as a professional athlete-- climbing, adventure racing, whitewater rafting, cross-country skiing, and mountain biking--racking up world championships along the way. But while she might seem like just another superhuman playing out a fistful of aces, her empowering story proves that anyone can rise above self-doubt and find their true potential.

First turning heads with her rock climbing and paddling skills, Rusch soon found herself spearheading adventure racing teams like Mark Burnett's Eco-Challenge series. As she fought her way through the jungles of Borneo, raced camels across Morocco, threaded the rugged Tian Shan mountains, and river-boarded the Grand Canyon in the dead of winter, she was forced to stare down her own demons. Through it all, Rusch continually redefined her limits, pushing deep into the pain cave and emerging ready for the next great challenge.

At age 38, Rusch faced a tough decision: retire or reinvent herself yet again. Determined to go for broke, she shifted her focus to endurance mountain bike racing and rode straight into the record books at a moment when most athletes walk away. *Rusch to Glory* is more than an epic story of adventure; it is a testament to the rewards of hard work, determination, and resilience on the long road to personal and professional triumph.

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This Rusch to Glory: Adventure, Risk & Triumph on the Path Less Traveled book is not really ordinary book, you have after that it the world is in your hands. The benefit you get by reading this book will be information inside this publication incredible fresh, you will get facts which is getting deeper a person read a lot of information you will get. This kind of Rusch to Glory: Adventure, Risk & Triumph on the Path Less Traveled without we know teach the one who reading through it become critical in thinking and analyzing. Don't possibly be worry Rusch to Glory: Adventure, Risk & Triumph on the Path Less Traveled can bring once you are and not make your handbag space or bookshelves' turn into full because you can have it in the lovely laptop even cellphone. This Rusch to Glory: Adventure, Risk & Triumph on the Path Less Traveled having fine arrangement in word in addition to layout, so you will not sense uninterested in reading.

George Harvey:

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