



# If Only I Had Known: Avoiding Common Mistakes In Couples Therapy

*Susanne Methven, Mark Odell, Gerald R. Weeks*

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**Creating tactics for getting it right the first time.**

The co-authors draw on over thirty years of experience to show young therapists how and how not to conduct psychotherapy. Each chapter begins with a vignette illustrating a common mistake, then describes the error in detail, explains why therapists make the mistake and offers tactics for avoiding it.

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