



Worst Pills, Best Pills: A Consumer's Guide to Preventing Drug-Induced Death

Sid M. Wolfe

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Consumer advocate Sidney M. Wolfe, MD, director of Public Citizen's Health Research Group, has thoroughly revised and updated this accessible, indispensable bestseller that alerts you to the potential risks of hundreds of medications available today. "Worst Pills, Best Pills" give you the information you need to become actively involved in caring for yourself - by asking your doctor smart questions about the drugs prescribed for you. Arranged by disease/condition, it offers chapters on adverse drug reactions, alphabetical indexes listing pills by the brand and generic names, new information about commonly used drugs, guidelines for helping you to say "no" if your doctor prescribes a drug you should not take, and safer alternative choices. "Worst Pills, Best Pills" also includes startling information about certain drugs that can usually cause depression, hallucinations or psychoses, sexual dysfunction, dementia, auto accidents, insomnia, parkinsonism, and more.

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