



Bonding over Beauty: A Mother-Daughter Beauty Guide to Foster Self-esteem, Confidence, and Trust

Erika Katz

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Makeup, skin care, shaving, hair color, periods--the tween years are full of landmines for moms.

As the mom of a tween girl, you know what's coming: puberty. As your daughter enters the teen years and exerts her independence, will you suddenly seem out of touch? Will she turn to her friends for advice before coming to you?

The tween years present a golden opportunity for you to start a dialogue and gain your daughter's confidence--to talk to her about the things she cares about and show her they are equally important to you too. How you deal with the sticky "grown-up" issues early on will determine the nature of your relationship with your daughter for years to come.

No mom wants to hear, "Mom, you just don't get me, and you have no idea what I'm going through!" followed by a door slam. Erika's comprehensive beauty guide on hair, skin, makeup, hair removal, puberty, and more will help you open the doors of communication and give you great bonding activities for you to do with your daughter.

With *Bonding over Beauty*, you'll have the knowledge and tools to create bonds that will last a lifetime.

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